



SURRY COUNTY HEALTH FOUNDATION

118 Hamby Road Dobson, NC 27017

336-401-8410

September 6, 2007

Dear Friend of the Surry County Health Foundation:

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Since its founding in 1986, the Surry County Health Foundation has been at work enhancing the health of the residents of Surry County. Over the past two decades, the Foundation has made significant contributions to our community through your gifts .

One of our current focus areas is in diabetes. The Health & Nutrition Center has a certified diabetes program with monthly sessions that teach diabetics how to live with diabetes. The costs for these classes are minimal (\$15). Unfortunately, there are a number of citizens in Surry with diabetes who cannot afford the fees associated with the classes to teach them the skills needed to improve their health. The foundation supports these meetings by providing “tuition” for many citizens who do not have the financial means to pay. Here’s an example of someone who received support from the Foundation to attend these classes —

As a 37 year-old single parent with a daughter in college, Ms. B has endured many obstacles in addition to her type 2 diabetes diagnosis. Her story includes having progressive multiple sclerosis which requires daily injections, a recent increase in tuition for her daughter, having her car break down, and losing her job; all of which happened in a 5-month period of time. The diagnosis of her diabetes was almost too much for her to cope with. However, she has been able to attend the diabetes classes, because she received a scholarship from the Health Foundation Fund. The diabetes classes have provided her with information and a “support group” in which she feels she is not alone. Her mother also has diabetes and has attended the classes with her. At her last class, she commented that her blood sugars were better, she had lost weight, and life was beginning to look good again.

The efforts of the Foundation are as important as ever and we are committed to supporting healthy futures for our children and families. I urge you to consider a donation to support the Health Foundation in its vital goal of ensuring that our citizens have a healthy life. With the many gifts received over the years, it’s amazing to see what’s been done. Yet there is more to be done. Won’t you consider a donation of \$20, \$50, \$100 or whatever amount you are able to give? The Foundation welcomes honorariums and memorials. **Your tax-deductible donation can be sent to the Surry County Health Foundation, 118 Hamby Road, Dobson, NC, 27017.**

Thank you for considering the Foundation in your giving.

Sincerely,

David Stone
Health Director

Don Matthews
President, Surry Co. Health Foundation