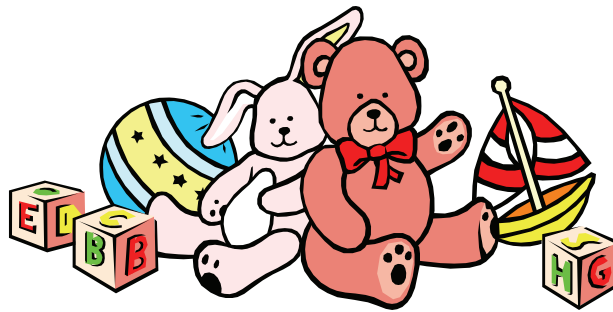


How To Breastfeed Classes



Surry County Health & Nutrition Center

*Our Breastfeeding classes are offered the
3rd Thursday of each month!*

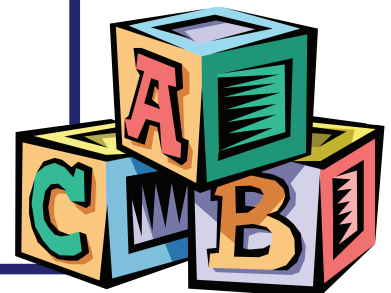
*Please call 401-8452 or 366-8452
to register for the class!*

Just like breastmilk, the class is free of cost!!

Thursdays

*Place:
Surry County Health &
Nutrition Center*

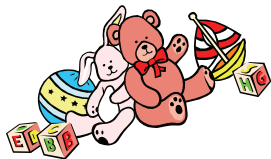
Time: 5:45 p.m.



Congratulations, you will be a new mother soon! This is a very exciting time and a time to make decisions. One of the most important decisions you need to make is how to feed your baby! We know you want to provide the best for your baby...for this reason we recommend breastfeeding. By breastfeeding, you'll give your baby the perfect start to a healthy and happy life! Your milk is the best and most complete food for your baby...and that is a gift that only you can give.



*Surry County Health & Nutrition Center
Nutrition Center
118 Hamby Road
Dobson, NC 27017*



You are invited to a...
How To Breastfeed Class

