



# Breastfeeding Support Group



**FREE** and open to **ALL**  
Breastfeeding or Expectant Mothers

**What:** Discussions about everything related to breastfeeding led by Brenda Hall, IBCLC from the Surry County Health & Nutrition Center. In this setting, pregnant women and mothers who are breastfeeding explore options that result in a satisfying breastfeeding experience. Mothers will share information and experiences, and offer support to other women in an atmosphere of trust and respect.

**When:** The first Thursday of each month  
from 1:00 until 2:00 pm

**Where:** Salem Baptist Church 430 Rockford Road,  
Dobson, NC 27017.

**Come and bring your baby!**

**Questions:** Please contact Brenda Hall  
at (336) 401-8452.